



Family and Relationship Services

TERM 4 Workshops 2017

<p>How to Talk so Kids will Listen</p>	<p>This half-day workshop provides parents with information about children's intellectual and emotional development and using emotional intelligence to communicate more effectively. MACLEAN TAFE - 9.30am-12.30pm November 14 DORRIGO - 9am-12pm December 1 BOAMBEE EAST - 9.30am-12pm December 5 GRAFTON - 9.30am-12.30pm December 7</p>	<p>Managing Anger</p>	<p>A short workshop with information and strategies for managing anger and teaching children the safe expression of strong emotions . GRAFTON - 9.30am-12.30pm November 21</p>										
<p>Tuning into Kids</p>	<p>This program supports parents in teaching their children how to understand and regulate their emotions, build resilience and develop good communication skills. GRAFTON - 9.30am-12.30pm (6 week program) October 12, 19, 26 & November 9, 16, 23</p>	<p>Tuning in to Teens</p>	<p>A six week parenting program designed to assist parents to communicate with their teen and build stronger relationships. GRAFTON - 1pm-4pm (6 week program) October 18, 25 & November 1, 8, 15, 22</p>										
<p>After the Storm</p>	<p>CV Women's Refuge and Outreach Service and CRANES have partnered in a six week course to support those parenting after family violence. GRAFTON - 9.30am-12pm (6 week program) October 25 & November 1, 8, 15, 22, 29</p>	<p>How to Talk so Teens will Listen</p>	<p>This half-day workshop provides parents with information about their teen's emotions and behaviours, communication styles and building stronger relationships with teens. BOAMBEE EAST - 1pm-3.30pm December 5</p>										
<p>Understanding Your Child's Brain</p>	<p>Understanding brain development can assist in parenting and staying connected through to adulthood. MACLEAN TAFE - 9.30am-2pm November 28</p>	<table border="1"> <thead> <tr> <th colspan="2">VENUES</th> </tr> </thead> <tbody> <tr> <td>CRANES Grafton</td> <td>3-7 Prince Street (river end)</td> </tr> <tr> <td>Maclean TAFE</td> <td>Woombah Street (next to high school)</td> </tr> <tr> <td>Boambee East Community Centre</td> <td>Bruce King Drive, Boambee East</td> </tr> <tr> <td>Dorrigo Primary School</td> <td>2 Hickory Street, Dorrigo</td> </tr> </tbody> </table>		VENUES		CRANES Grafton	3-7 Prince Street (river end)	Maclean TAFE	Woombah Street (next to high school)	Boambee East Community Centre	Bruce King Drive, Boambee East	Dorrigo Primary School	2 Hickory Street, Dorrigo
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CRANES' workshops are FREE of charge - Some workshops have FREE childcare - **Bookings essential**

Call CRANES for enquires or to register (no referral necessary)

Ph: (02) 6642 7257 Email: FaRS@cranes.org.au

About CRANES

We have a vision for the future of our society that sees all people as valuable, respects difference and offers everyone a place in their neighbourhood. We are working with innovation in an environment where we have blown away the boxes and, most importantly, because we believe in social justice, liberty and freedom for everyone.

What we do

NDIS Approved Provider
Home Care Package Provider
Abilities and Over 65s Services
Hubs and Clubs

Support with Social and Daily Life Activities

Child Youth and Family Services

Family and Relationship Services

Supervised Access

In Home Childcare

Supported Playgroups

Early Childhood Intervention

Jacaranda Preschool

Healthy Minds Programs

Suicide Prevention

Alternative to Hospital Program

First People Services

Elders Groups

Palliative Care

Wilderness Adventures

Specialist Accommodation

(Shared Lives & Square Nests)

Contact us

Grafton Office

3-7 Prince Street,
Grafton NSW 2460.

PO Box 889,
Grafton NSW 2460.

Maclean Office

18-20 Clyde Street,
Maclean NSW 2463.

PO Box 889,
Grafton NSW 2460.

Phone: (02) 6642 7257

Fax: (02) 6645 5029

E-mail: admin@cranes.org.au

Find us on 

Hours of operation

8am to 4.30pm

Monday to Friday

For more information on

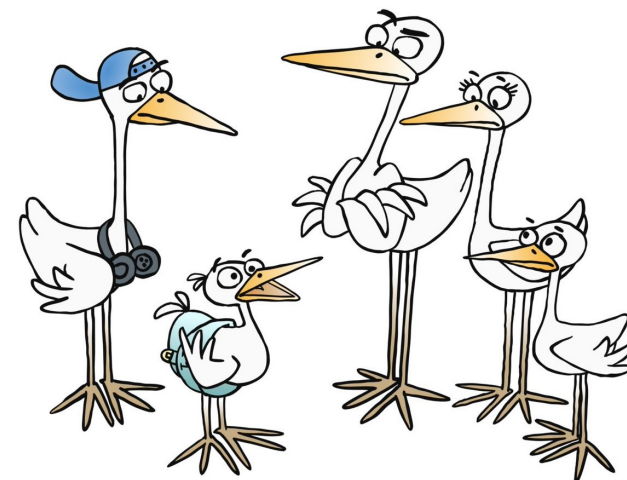
'what CRANES do'

visit our website



Family and Relationship Services

Parenting programs



Term 4 calendar
October to December 2017

We are one team made up of
difference and we continue to
learn and respect that

www.cranes.org.au

Promoting freedom of choice
for individuals and families