

Occupational Therapy

Blue Care is uniquely positioned as one of Australia's leading residential aged care, community care and retirement living providers. We are founded on a compassionate approach to care and our reputation is built on our highly experienced team who work in more than 260 centres, in 80 communities across Queensland and northern New South Wales.

Blue Care's Allied Health service is made up of a multidisciplinary group of healthcare professionals, including Occupational Therapists, who provide comprehensive assessment, diagnosis, treatment and advisory services to clients.

Occupational Therapists help people with cognitive, physical or social disabilities to safely and independently carry out everyday tasks or occupations.

Our experienced team of Occupational Therapists work with clients to identify realistic rehabilitation goals, and support them, their families and their care givers in achieving them.

Depending on your individual needs, our Occupational Therapists can provide support with the following:

- Assessing conditions and assisting with obtaining appropriate aids and equipment to improve independence.
- Advising on home modifications, such as adjustments for wheelchair access or grab rails.
- Advising on use of specialised equipment to assist with daily activities such as wheelchairs, scooters, hoists and mobile shower chairs.

- Supporting clients and their carers with education, advice and coping strategies.
- Coaching people with chronic disease on task simplification and self-managing.
- Supporting clients in restoring lost confidence and rebuilding lost skills.
- Providing health education and group programs such as Falls Prevention and Tai Chi.
- Assisting with pressure Injury prevention and management.

Our Occupational Therapists regularly review clients' treatments, evaluate progress and make changes as required in collaboration with the client and other health practitioners where necessary.

Referrals to Blue Care's Occupational Therapy services may come from the client, carer, residential facility, health professional, family member or friend.

For further information on the availability of Occupational Therapy services in your area, please contact us. Our friendly team can talk to you about your specific needs and develop an individualised program of care.

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