

Coffs Coast HEALTHY Canteen AWARDS 2015

\$3,000
in prizes up
for grabs!



To acknowledge the great work that school canteens do providing healthy and nutritious meals to children across the Coffs Coast, the Coffs Coast Growers Market, The Good Guys and the Mid North Coast Local Health District will be running the Healthy Canteen Awards for eligible Primary and High Schools across the Coffs Coast. This is a great opportunity to share with the community the great work that your school canteen does. We want you to tell us your big idea for promoting healthy eating in your school community, in support of the Fresh Tastes @ School Strategy.

Award Categories

Thanks to **The Good Guys Coffs Harbour** and **Coffs Coast Growers Market** we will be offering two prize categories in the Coffs Coast Healthy Canteen Awards:

- 1 Coffs Coast High School** \$1000 to spend at **The Good Guys** and \$500 cash from the **Coffs Coast Growers Market**.
- 2 Coffs Coast Primary School** \$1000 to spend at **The Good Guys** and \$500 cash from the **Coffs Coast Growers Market**.
- + Additional Prize** One school will win the opportunity to have a local chef and farmer visit their school to help promote the principal of Fresh Tastes @ School.

How to enter

Pass this information on to your P&C Committee, Canteen Committee and school Principal, so that they can have input into your schools submission for the **Coffs Coast Healthy Canteen Awards**.

1. Complete the Entry Form on the following page.
2. Attach a copy of your school canteen's menu and a list of all additional foods and drinks sold from the canteen and vending machines.
3. Read the criteria and Terms & Conditions.
4. Attach up to two photos to illustrate your answers.
5. Submit all of the above documents via fax, mail or email to:

Jan Rooney

Coffs Harbour City Council
Locked Bag 155, Coffs Harbour NSW 2450
Phone: 02 6648 4091 Fax: 02 6648 4951
Email: jan.rooney@chcc.nsw.gov.au

Deadline: 5pm Monday 26th October 2015



Criteria

Nominations will only be considered if they meet the criteria below:

1. Schools applying for these grants must be able to show that they do not have any foods on their menu that are categorised as RED according to the **Fresh Tastes @ School** guidelines. A copy of the canteen menu must be attached to the application form.
2. The school must be a Primary or High School located within the Coffs Coast Region (Nambucca, Bellingen and Coffs Harbour Local Government Areas).
3. All sections of the Entry Form must be completed. Incomplete applications will not be eligible for award consideration.
4. The word count must be adhered to (max. of 500 words)

Terms and Conditions

1. Nominations whose menus are deemed to be selling RED items as outlined in the Fresh Tastes @ School Strategy will not be considered for the awards.
2. The school canteen's current menu and a list of all other food and drinks sold from the canteen and vending machines must be attached with the Entry Form.
3. Schools will be required to commit to a follow-up interview conducted by the Health Promotion Team to discuss how the grant was spent, and also be willing to be used as a case study for local media and canteen newsletters (may include interviews and photos).
4. Applications must be signed by the Principal to indicate support for your project. N.B. If successful applicants do not spend the funds in accordance with their application they may be required to return the award funds.
5. Schools can only enter once.
6. Entry Forms must be received via fax, email or post by 5pm Monday 26th October 2015. Late entries will not be accepted.
7. The Principal or P&C President of the school must be willing to be contacted to verify the content of the nomination.
8. Coffs Coast Growers Market reserves the right not to select a winner of a category if there are no suitable applicants. The judging panel's decision is final.
10. Entry Form content may be used by the Coffs Coast Growers Market, The Good Guys and NSW Local Health District written or on-line publications to promote the awards and showcase schools successes.
11. Finalists may be contacted in order for the judging panel to find out more about how their canteen operates.

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ENTRY FORM

1. **Category** (please tick only one category per form)

- Coffs Coast High School
- Coffs Coast Primary School

2. **Applicants name**

3. **Applicants role**

4. **School name**

5. **School address**

6. **School phone number**

7. **Number of students in the school**

8. **Number of days the canteen is open**

9. **School Principal's name**

9. **Who manages the canteen** (please tick one) Principal Parent Body Private Lease

10. **Tell us about your schools commitment to the Fresh Tastes @ School Strategy**

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11. **How does your school canteen engage with the school community and other activities such as Crunch & Sip?**

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ENTRY FORM

13. Please attach copies of canteen's menu and a list of all additional foods and drinks sold from the canteen and vending machines.

Please provide details of any menu items that may be mistaken by the judging panel as RED, for example confectionary-sounding items. This may include creative names the canteen has given food to make it appeal more to students, or healthy options made by the canteen that would usually be identified as a RED item. If you have more items than you can fit here, please add them on a separate piece of paper.

E.g. Fruit Bursts, Frozen grapes

Menu Item / Name	Description

NSW Local Health District – Healthy Communities Support

The Healthy Canteen Awards provides an opportunity for schools to receive additional canteen support from NSW Local Health District – Health promotion staff.

Please tick the appropriate box(es) to indicate any follow-up support you wish to receive.

We would like to be contacted for support with:

- Ideas on how to GREEN UP our menu
- The removal of any RED items identified in our menu
- Conducting a Menu Assessment
- New menu development
- Other (*please provide details below*)



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